

Xanthomas are fat deposits under the skin. If you are having very high triglycerides levels for longer period of time, yellow papules or bumps called eruptive xanthomas may be found on your back, chest, bony elbows, buttocks, knees, and heels. These papules are caused by chylomicron deposits and usually disappear once treatment is started and triglyceride level kept below 1000 mg/dL.

Your healthcare provider may take biopsy sample from one of these papules to confirm the diagnosis. In other condition called dysbetalipoproteinemia (type III), very high levels of triglycerides may cause palmar xanthomas characterized by yellowish creases of palms. |