

Fatty liver is one of the high triglycerides symptoms and is caused by the build-up of excess fat in the liver cells. If you have fat more than 10% of your liver's weight, it will be diagnosed as fatty liver. If you are eating more than you required, excess fat start building up in the liver. Too much fat exhaust liver's normal functions and excess of fat starts depositing within liver.

Rapid weight loss, malnutrition, and alcohol abuse may also lead to fatty liver. If you have liver disease, the deposition of fats becomes more severe and pronounced. If you have high triglyceride levels, your doctor will also evaluate your liver to see the level of damage to the liver.

In case of persistent high levels of triglycerides, the size of liver may also increase over-time. The size of liver is usually evaluated through abdominal x-rays and ultrasound.